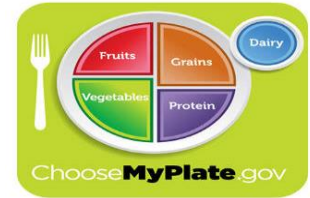



February



Breakfast, Lunch, Afternoon Snack

Breakfast includes a milk, juice or fruit or vegetable, grain/bread. **Lunch** includes milk, meat or meat alternate, grain, vegetable and fruit. **Afternoon snack** includes a selection of two of the following four components milk, juice or fruit or vegetable, meat or meat alternate, grains/bread.

					1
					BREAKFAST: Cheerios, Banana, Milk LUNCH: Chicken/noodle Casserole, Cooked Carrots, Roll, Orange Slices Milk PM SNACK: Goldfish Crackers, Orange Juice
4	5	6	7	8	
BREAKFAST: Toast, Hard-boiled Egg, Mandarin Oranges, Milk LUNCH: Tomato Soup, Grilled Cheese, Pineapple, Celery Sticks, Milk PM SNACK: Gardetto Mix, Grape Juice	BREAKFAST: Rice Chex Cereal, Peaches, Milk LUNCH: Pizza, Salad, Applesauce, Milk PM SNACK: Yogurt, Graham Crackers	BREAKFAST: Bagel with Cream Cheese, Pears, Milk LUNCH: Popcorn Chicken, Corn, Pineapple, Cottage Cheese, Milk PM SNACK: Animal Crackers, Orange Juice	BREAKFAST: Sausage patty, Biscuit, Orange Slices, Milk LUNCH: Hot dogs, Baked Beans, Broccoli, Banana, Milk PM SNACK: Cheese Stick, Beef Sausage Stick	BREAKFAST: Cheerios, Mixed Fruit, Milk LUNCH: Calzones, Salad, Apple Slices, Milk PM SNACK: Goldfish Cookie, Apple Juice	
11	12	13	14	15	
BREAKFAST: Pancake Wrapped Sausage, Apple Slices, Milk LUNCH: Broccoli/Cheese Soup, Celery Sticks, Ham Sandwich, Peaches, Milk PM SNACK: Cheezits, Apple Juice	BREAKFAST: Breakfast Pizza, Orange Slices, Milk LUNCH: Hamburger, Carrots Sticks, Pears, Milk PM SNACK: State Capitol Cookies, Yogurt	BREAKFAST: Mini-Pancakes, Applesauce, Milk LUNCH: Chicken Nuggets, Green Beans, Pineapple, Milk PM SNACK: Cool Ranch Doritos, Orange Juice	BREAKFAST: Crispy Rice Cereal, Banana, Milk LUNCH: Beefaroni, Salad, Valentine Applesauce, Bread, Milk PM SNACK: Sunchips, Apple Juice	BREAKFAST: Oatmeal, Blueberries, Milk LUNCH: Fish Sticks, Breadstick, Fruity Coleslaw, Milk PM SNACK: Pretzels, Grape Juice	
18	19	20	21	22	
No School. Ela & Camp Open	BREAKFAST: Rice Chex Cereal, Pears, Milk LUNCH: Macaroni & Cheese, Peas, Orange Slices, Milk PM SNACK: Fritos, Apple Juice	BREAKFAST: English Muffin, Pineapple, Milk LUNCH: Chicken & Rice, Salad, Tropical Fruit, Milk PM SNACK: Popcorn, Carrot Sticks, Orange Juice	BREAKFAST: Cheerios, Banana, Milk LUNCH: Ravioli, Green Beans, Peaches, Bread & Butter, Milk PM SNACK: Goldfish Crackers, Grape Juice	BREAKFAST: French Toast, Apple Slices, Milk LUNCH: Turkey/Cheese Sandwich, Vegetable Medley, Mixed Fruit, Milk PM SNACK: Gardetto Snack Mix, Orange Juice	
25	26	27	28		
BREAKFAST: Toast, Hard-Boiled Egg, Tropical Fruit, Milk LUNCH: Chili, Saltine Crackers, Cornbread, Pears, Milk PM SNACK: Nacho Cheese Doritos, Apple Juice	BREAKFAST: Bagel with Cream Cheese, Applesauce, Milk LUNCH: Corn Dogs, Green Beans, Pineapple, Milk PM SNACK: Cheezits, Carrot Sticks, Lemonade	BREAKFAST: Sausage on Biscuit, Orange Slices, Milk LUNCH: Beef Taco with cheese & lettuce, Corn, Tropical Fruit PM SNACK: Beef Sausage Stick, Wheat Crackers	BREAKFAST: Mini-Waffles, Pears, Milk LUNCH: Pyramid Wrap, Vegetable Medley, Pears, Milk PM SNACK: Cheese Stick, Graham Crackers		

2019



