



Breakfast, Lunch, Afternoon Snack

Breakfast includes a milk, juice or fruit or vegetable, grain/bread. **Lunch** includes a choice of entrée supplying protein, grain, vegetable side dishes and fruit side dish and milk. **Afternoon snack** includes a selection of two of the following four components milk, juice or fruit or vegetable, meat or meat alternate, grains/bread.

2	BREAKFAST: Hardboiled Egg, Toast, Pears, Milk LUNCH: Sloppy Joe on Bun, Carrot Sticks, Peaches, Milk PM SNACK: State Capital Cookies, Apple Juice	3 FIELD TRIP - DAY CAMP	BREAKFAST: Blueberry Muffin, Pineapple, Milk LUNCH: Turkey & Cheese on Bun, Veg Medley, Raisins, Milk PM SNACK: Whole Grain Chocolate Chip Cookie, Yogurt, Water	4 CLOSED		5 FIELD TRIP - DAY CAMP	BREAKFAST: Whole Wheat Donut, Orange Slices, Milk LUNCH: PBJ, Hardboiled Egg, Carrot Sticks, Apple, Milk PM SNACK: Cheetos, Grape Juice	6	BREAKFAST: Mini Waffle, Mixed Fruit, Milk LUNCH: Beef Taco on Hard Shell w/ cheese & Lettuce, Corn, Pears, Milk PM SNACK: Funyons, Orange Juice
9	BREAKFAST: Mini Cinni, Mandarin Oranges, Milk LUNCH: Chicken Patty on Bun, Salad, Pears, Milk PM SNACK: Maple Brown Sugar Cereal Bar, Orange Juice	10 FIELD TRIP - DAY CAMP	BREAKFAST: Cheerios, Banana, Milk LUNCH: Ham Salad Sandwich, Carrot/Celery Sticks, Orange Slices, Milk PM SNACK: Graham Crackers, Cheese Stick, Water	11	BREAKFAST: Scrambled Egg on Biscuit, Peaches, Milk LUNCH: Fish Sticks, Sweet Potato Fries, Tropical Fruit, Roll, Milk PM SNACK: Sugar Cookie, Apple Juice	12 FIELD TRIP - DAY CAMP	BREAKFAST: Trix Cereal Bar, Applesauce, Milk LUNCH: Turkey & Cheese on Bun, Pickle Spears, Grapes, Milk PM SNACK: Nutrigrain Bar, GoGurt, Water	13 FIELD TRIP - DAY CAMP	BREAKFAST: Capt Crunch Cereal, Pears, Milk LUNCH: TacoBurger w/lettuce & Cheese, Corn, Mixed Fruit, Milk PM SNACK: Goldfish Crackers, Grape Juice
16	BREAKFAST: Cinnamon Crunch Cereal Bar, Peaches, Milk LUNCH: Corndog, Green Beans, Apple Slices, Milk PM SNACK: Whole Wheat Crackers, Cheese Stick, Water	17 FIELD TRIP - DAY CAMP	BREAKFAST: Whole Wheat Donut, Applesauce, Milk LUNCH: PBJ Sandwich, Veg Medley, Raisins, Milk PM SNACK: Chex Mix, Yogurt, Water	18	BREAKFAST: French Toast, Strawberries Milk LUNCH: Popcorn Chicken, Peas, Watermelon, Roll, Milk PM SNACK: Cheezits, Grape Juice	19 FIELD TRIP - DAY CAMP	BREAKFAST: Sausage Biscuit, Blueberries, Milk LUNCH: Ham Salad Sandwich, Veg Medley, Fritos, Apples, Milk PM SNACK: Cereal Bar, Orange Juice	20	BREAKFAST: Mini Pancakes, Banana, Milk LUNCH: Hotdog on Bun, Corn, Mixed Fruit, Milk PM SNACK: Fritos, Orange Slices, Water
23	BREAKFAST: Bagels, Cream Cheese, Pineapple, Milk LUNCH: Grilled Cheese, Tomato Soup, Crackers, Tropical Fruit, Milk PM SNACK: State Capital Cookie, Apple Juice	24 FIELD TRIP - DAY CAMP	BREAKFAST: Honey Bun, Pears, Milk LUNCH: PBJ, Carrots, Grapes, Fritos Milk PM SNACK: Funyons, Cheese Stick, Water	25	BREAKFAST: English Muffin, Blueberries, Milk LUNCH: Hamburger on Bun, Baked Beans, Orange Slices, Milk PM SNACK: Cheetos, Grape Juice	26 FIRST DAY OF SCHOOL	BREAKFAST: Mini Cinni, Grapes, Milk LUNCH: Chef Salad w/Chicken, Garlic Bread, Watermelon, Milk PM SNACK: Whole Grain Choc Chip Cookie, Orange Juice	27	BREAKFAST: Frosted Flakes, Banana, Milk LUNCH: Pizza Salad, Mixed Fruit, Corn, Milk PM SNACK: Crunchmania, Yogurt, Water
30	BREAKFAST: Toast, Applesauce, Milk LUNCH: Chicken Nuggets, Corn, Roll, Pears, Milk PM SNACK: Sugar Cookie, Grape Juice	31	BREAKFAST: Cheerios, Banana, Milk LUNCH: Salisbury Steak, Mashed Potatoes, Roll, Strawberries, Milk PM SNACK: Graham Crackers, GoGurt, Water						



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